

Discovering the ‘life’ of Misato Town, Akita

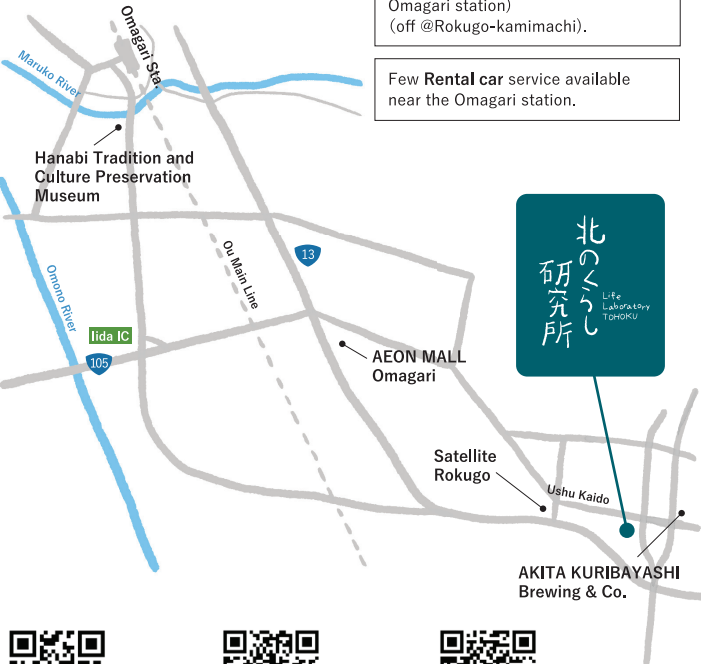
Misato Town, Senboku District, Akita Prefecture, is a town rich in nature and pure spring water, located in the ‘Senboku Plain’ at the foot of the Ou Mountains in the southern part of Akita Prefecture. The ‘Life Laboratory TOHOKU’ is about a 15-minute drive from JR Omagari Station, which is also a stop on the Shinkansen from Tokyo. The landmark is a slightly mysterious building with a ‘blue green’ colour.

The building has a coworking space that anyone can use casually, a meeting room, six types of residence rooms where you can stay, and an art space where exchange events and exhibitions can be held.

You can spend your time in your own style while feeling the ‘four seasons’ and ‘life’ of Misato Town. For more information, please feel free to contact us at Head Office of Life Laboratory TOHOKU .

We have access by Bus from Omagari bus terminal (4 minutes from JR. Omagari station) (off @Rokugo-kamimachi).

Few Rental car service available near the Omagari station.



Access
Google Map



Instagram



facebook

A place you can just drop by Life Laboratory TOHOKU

Anyone can feel free to use them, not just Misato town residents.

• Drink

Original Kitakura Coffee

You can drink coffee carefully dripped by members of Our Laboratory.

Eat-in: 400 yen (tax included)

Take-out: 420 yen (tax included)

Apple juice

Made with apples from Akita Prefecture

Eat-in: 300 yen (tax included)



• Co-working Space

880 yen for up to 4 hours, 220 yen / hour for up to 6 hours thereafter. Please consult with our staff if you would like to use the space for a longer period or for a monthly fee (student discounts are also available).



• Meeting Room

There are two meeting rooms on the first floor. Please use them for meetings and socializing.

	Room fee	Heating and Cooling expenses
Tatami room	450 yen/hour	110 yen/hour
Conference room	990 yen/hour	330 yen/hour

All tax included



Also, we have conference rooms with whiteboards for large numbers too.

• Art Space

Special exhibitions organized by Life Laboratory TOHOKU and local exchange events and workshops, flea market and so on, those are held irregularly.

*Please check social media for details of events.



Booking and Enquiries
TEL 0187-73-8185

Mail : Schedule.kitakura@gmail.com

Website : <https://kitanokurashi.jp/>

Office opening time 10:00 ~17:00
(Sat, Sun, National holidays Closed. Accommodation is Open)

21 Kamimachi, Rokugo, Misato, Senboku, Akita, Japan. Zip. 019-1404

Regional exchange set in Misato Town,
Akita Prefecture



Accommodation Room 1

Room type
Japanese-Western style room (Ground floor)

Capacity
1-3 persons (21.75 m²)

Price
4,400 yen ~ / a person
3,300 yen ~ / person for more than 2



2

Room type
Japanese-Western style room (Ground floor)

Capacity
1-2 persons (18.75 m²)

Price
4,400 yen ~ / a person
3,300 yen ~ / person for 2



3

Room type
Tatami room (Ground floor)

Capacity
1-3 persons (40.05m²)

Price
4,400 yen ~ / a person
3,300 yen ~ / person for more than 2



Accommodation rates may vary depending on the season.

Facilities

- | Fridge / Microwave / Toaster / Electric kettle
- | Toilets (separate for men and women) / Sink / Hair dryer
- | Simple shower with Changing room (no bathtub) / Laundry
- | Free Wi-fi

Check-in is from 3pm to 5pm, check-out is at 10am, cash only.

4

Room type
Tatami room (1st floor)

Capacity
1-6 persons (32.4m²)

Price
4,400 yen ~ / a person
3,300 yen ~ / person for more than 2



5

Magazine Room

Room type
Western style room (1st floor)

Capacity
1 person (15.88 m²)

Price
4,400 yen ~ / a person



6

Mayor's room

Room type
Western style room (1st floor)

Capacity
1-3 persons (32.4 m²)

Price
8,800 yen ~ / a person
6,600 yen ~ / person for more than 2



Notes

- Staff will not be present during the night from 17:30 to 8:30 on weekdays nor on weekends and holidays (Please use the side entrance if you wish to go out when staff are absent).
- There is no shuttle service.
- Smoking is prohibited throughout the facility, including on the premises.
- Meals will not be provided.
- Pyjamas, bathing suits, and amenities will not be provided.
- Towels will be provided in the rooms.